



North Carolina Society of Goldsmiths

Promoting a dynamic exchange of technical information, creative ideas and valuable resources among North Carolina metalworkers of all disciplines.

GREETINGS FROM THE BOARD

Greetings!

We hosted a very successful workshop with Scott and Lisa Cylinder in July. In October we will be hosting a workshop with Jayne Redman. Information on this workshop and the registration form are on p. 3. Our workshops provide the perfect opportunity to broaden your skill set and jump-start your creativity.

We would like to remind you that our annual meeting is fast approaching, on October 10 at Monnda's studio in Pittsboro. (Note the date change from the previous newsletter.) We will be electing a co-president for a two-year term and two board members for three-year terms. The floor is open for nominations. Please don't wait for someone to nominate you; volunteer first. The terms of Carol Martell and Jane Miskie expire in 2010, although they may choose to run for another term if they wish. *(Continued on p. 2)*

NCSG BOARD MEMBERS

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SUMMER 2010

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She's back! Join Jayne Redman for a workshop on non-conventional stone-setting October 16-17. Details are on p. 3.



Can't put your hands on the last issue of the NCSG newsletter?

No problem! Back issues are available as .pdfs on our website, www.ncsg.net, so you can find that upcoming workshop information, enjoy photos from our annual meetings, put a tip or a tool into use, and even sigh dreamily over the details of the latest "Road Trip!" suggestion.

The website also contains other useful links and pages where members can list items they'd like to sell and information about workshops they're leading.

Want to share something with the board? Use the website's handy "Contact" page to send them an email!

GREETINGS

CONTINUED FROM P. 1

We expect to have a very active board this next year, with everyone involved in one or more projects. It's just not fair that we keep all the fun to ourselves. Working on the board is a great way to get to know other members better and feel more connected to what NCSG does. It is not an incredibly time-intensive position! "New blood" is always welcome.

— *John and Beth*



NCSG ANNUAL MEETING OCTOBER 10 AT 1 P.M.

NCSG's Annual Meeting will be held Sunday, October 10, at Monnda's studio in Pittsboro from 1—5 p.m. The meeting is open to all members and their guests.

The board will hold a business meeting from 1—2 p.m. and elect a new co-president for a two-year term and two new board members for respective three-year terms. Then there will be socializing and food, as well as tools, stones, and other odds and ends for sale.

We hope you'll plan to join us. Visit our website, www.ncsg.net, for details about the meeting location.

FALL WORKSHOP:

NON-CONVENTIONAL STONE-SETTING WITH JAYNE REDMAN, OCTOBER 16-17

A unique stone deserves, and often requires, a unique setting. The process of creating that setting can appear to be a very challenging, tedious, technical problem. My approach to stone-setting is to turn the problem into an exciting, creative design project.

Some of the things you will learn in this workshop will be making your own nuts, bolts, and rivets and scoring tools for bending. You will learn ways to set beads as stones, set stones from the back, and set stones into stones. You will learn methods of holding designs in place for ease of

setting.

Most importantly, we will all learn from each other as we bring our unique stones to class and discuss all the creative, inventive ways to set them.

What to bring to class:

- A variety of cabochon and/or faceted stones, beads, pearls, beach pebbles, sea glass, buttons, and found objects
- Tubing, wire and sheet metal of various sizes
- A small triangle file to be made into a scoring tool
- Tap and die sets for

miniature nuts and bolts (I will also have some on hand.)

- Solder, flux, etc.
- Your favorite hand tools
- A chasing hammer
- A hammer hand piece for your flexshaft, if you have one
- Your imagination!

Date: Saturday and Sunday, October 16-17, 2010

Time: 10:00 a.m.-5:00 p.m. both days

Location: Monnda's studio in Pittsboro, NC (See website for location details.)

Registration deadline: October 1, 2010

Registration: Complete and mail the registration form (below) and full payment to: NCSG, P.O. Box 196, Pittsboro NC 27312. Also, please reserve your space by emailing John Fetvedt at fetvedt@mindspring.com or by calling John at 919-787-9874.

Cost: The cost of this 2-day workshop is \$225 for NCSG members. (Non-members, please add \$10 to cover membership dues for the second half of 2010.)

Maximum number of participants: 12

NON-CONVENTIONAL STONE-SETTING WITH JAYNE REDMAN OCTOBER 16-17, 2010

Your Name _____

Address _____

City _____ State _____ Zip _____

Daytime phone _____

Total enclosed \$ _____

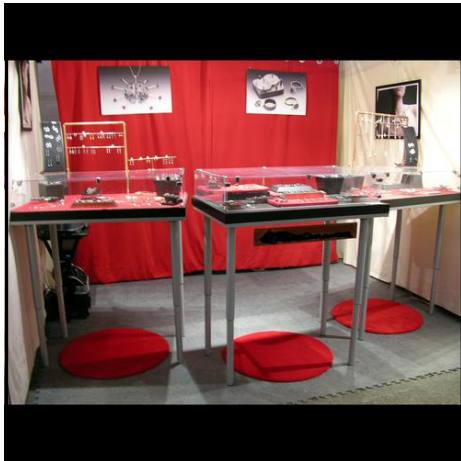
Are you a member of NCSG? If not, please include \$10 to cover remainder of annual dues.

Send your check (payable to NCSG and earmarked for this workshop) and this form to **NCSG, P.O. Box 196, Pittsboro NC 27312, by October 1, 2010.**



CALL FOR ARTISTS

The Bayou City Art Festival Memorial Park, held in Houston, TX, on March 25 – 27, 2011, is calling artists in areas including ceramics, glass, mosaic, jewelry, mixed media, metalsmithing, and sculpture.



Above: Jewelry booth of Janine De-Cresenzo at 2010's Bayou City Downtown Festival, a sister event.

Juried at the Museum of Fine Arts, Houston, by an invited panel of artists, collectors and industry professionals, the Bayou City Art Festival Memorial Park was ranked in *AmericanStyle* magazine's "Top 10 Festivals" for the past two years.

The application deadline is October 29, 2010. \$2750 in awards will be given out in several categories.

For more information, go to www.bayoucityartfestival.com.

WHO, WHAT, AND WHERE

NCSG MEMBERS IN THE ARTS COMMUNITY, BY JOHN FETVEDT

- **September 11-18:** Janet Harriman co-taught PMC with Mirinda Kossoff at the Chateau Dumas in France.
- **September 17-18:** Elizabeth Lyne participated in the "Art in the Garden" show to benefit the Duke Raleigh Hospital Guild in Raleigh, NC.
- **September 18:** Beth Wicker participated in a show in Lake City, SC.
- **September 18-19:** John and Betty Fetvedt participated in Centerfest Arts Festival in Durham, NC.
- **September 24-26:** Ruthie Cohen participated in the 2010 TACA Fall Craft Fair at Centennial Park in Nashville, TN.
- **September 25-26:** Betty Helen Longhi taught a two-day workshop on forging at the Sawtooth School for Visual Art in Winston-Salem, NC.
- **September 26-October 1:** Vickie Prillaman is teaching a class on clasps at the Wm. Holland School of Lapidary Arts in Young Harris, GA.
- **September 30:** John Fetvedt is teaching two chain classes at the Bead Boutique in Matthews, NC.
- **October 3:** John and Betty Fetvedt will participate in "An Occasion For The Arts" in Williamsburg, VA.
- **October 16:** Beth Wicker will participate in the South Carolina Jazz Festival in Cheraw, SC.
- **October 17-29:** John Fetvedt will teach two chain-making workshops at the Wm. Holland School of Lapidary Arts in Young Harris, GA.
- **October 26-December 10:** Beth Wicker will participate in the show "Elementals" at the Art Trail Gallery in Florence, SC.
- **November 3, 10, 17, and December 1:** John Fetvedt will teach a chain class at The Crafts Center at NCSU in Raleigh, NC.
- **November 13-14:** John Fetvedt will teach a chain class at the Sawtooth School for Visual Art in Winston-Salem, NC.
- **November 19-21:** Betty Fetvedt, Betty Helen Longhi, and Elizabeth Lyne will show their work at the Piedmont Craftsman Show in Winston-Salem, NC.
- **November 20:** John Fetvedt and Karen Hoffman will participate in the NCSU Craft Center Sale in Raleigh, NC.
- **November 26-28:** Elizabeth Lyne will participate in the 41st annual Carolina Designer Craftsmen show in the Exhibition Hall at the State Fairgrounds in Raleigh, NC. *(Continued on p. 5)*

WHO, WHAT, AND WHERE

CONTINUED FROM P. 4

Ongoing Exhibitions:

- Chrissy Jahnes, Rebecca Neigher, Amy Sinderman, Mirinda Kossoff, and Arianna Bara are represented at FRANK—The Franklin Street Arts Collective in Chapel Hill, NC.
- Elizabeth Lyne’s work is available at The Collectors Gallery, 443 Fayetteville Street, Raleigh (specializing in NC Fine Craft).
- Rebecca Neigher’s work is on display at the Nasher Art Museum Store in Durham, NC.
- Sheila Stillman’s work is on display at Spectrum Art and Jewelry in Wilmington, NC.
- Ruthie Cohen’s work is available at Grovewood Gallery behind the Grove Park Inn in Asheville, NC; Heartwood Contemporary Crafts Gallery in Saluda, NC; Jester’s Art in Nashville, TN; Piedmont Craftsmen Gallery in Winston-Salem, NC; Miya Gallery in Weaverville, NC; Allanstand Craft Shop at the Folk Art Center, at Milepost 382 on the Blue Ridge Parkway in Asheville, NC; Parkway Crafts at Moses Cone Manor in Blowing Rock, NC; Arrowcraft Gallery at Arrowmont School in Gatlinburg, TN; Zarks Gallery in Eureka Springs, AR; and Artworks Artisan Center in Hiawassee, GA.
- John Fetvedt’s work is on display at the Faculty Exhibition of the Sawtooth School For Visual Art in Winston-Salem, NC, until November 6, 2010.
- Beth Wicker’s work is on display at the Drayton Hall Shop in Charleston, SC, and at the Florence Regional Arts Alliance Gallery and the Lynda English Fine Arts Gallery in Florence, SC.

NCSG member works: From top, samples of work by Elizabeth Lyne, Sheila Stillman, and Ruthie Cohen.



Recent Publications:

- Jean Wilson published an article on studio ergonomics in the September issue of *Art Jewelry* magazine.
- John Fetvedt published an article on his Celtic Zigzag Bracelet in the September issue of *Art Jewelry* magazine.

Share your professional news with fellow NCSG members in the Winter 2010-11 issue! Send updates to fetvedt@mindspring.com by November 15. Photos are welcome.

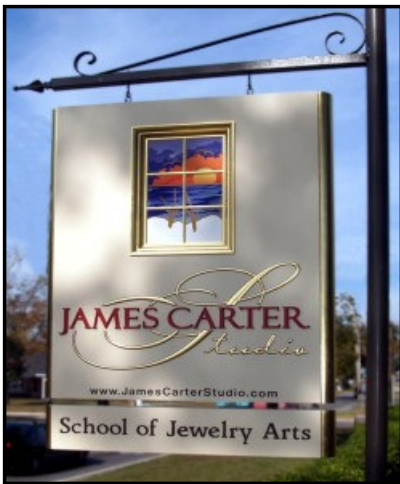




FOCUS ON...

James Carter Studio & School of Jewelry Arts, Pensacola, FL

Located on the Emerald Coast of Florida, the James Carter Studio notes that it is “dedicated to teaching traditional metalsmithing, jewelry techniques, and Cloisonné Enamel. Classes emphasize craftsmanship and individual student development.”



Courses range from one– to five-day sessions on jewelry fabrication, casting and wax carving, repair, enamels, and silversmithing, as well as open studio and individual instruction. Visit www.jamescarterstudio.com for more details and a course schedule.

USEFUL LINKS

CLASSES AND WORKSHOPS

Central NC

NCSU Crafts Center
Raleigh, NC
<http://www7.acs.ncsu.edu/crafts/>

Carrboro ArtsCenter
Carrboro, NC
<http://www.artscenterlive.org>

Monnda Welch’s Studio
Pittsboro, NC
<http://www.monnda.com>

Raleigh Galleries and Arts Centers
Raleigh, NC
<http://www.raleighnc.gov>

Sawtooth Center
Winston-Salem, NC
<http://www.sawtooth.org>

Western NC
John C. Campbell Folk School
Brasstown, NC
<http://www.folkschool.com>

Earth Speak Arts
Asheville, NC
<http://www.earthsspeakarts.com/>

Mountain Metalsmiths School of Jewelry and Lapidary
Arden, NC
<http://mmsjl.com/index.html>

Penland School of Craft
Penland, NC
<http://www.penland.org/classes/classes.html>

Outside of NC
Florida Society of Goldsmiths
New Smyrna, FL
<http://www.fsg4u.com>

William Holland School of Lapidary Arts
Young Harris, GA
<http://www.lapidaryschool.org/>

Touchstone Center for Crafts
Farmington, PA
<http://www.touchstonecrafts.com>

Appalachian Center for Craft
Smithville, TN
<http://www.tntech.edu/craftcenter/>

UPCOMING WEEKEND CLASSES AT

EARTHSPEAK ARTS

EarthSpeak Arts, located in Asheville, NC, offers weekly classes and open studio time throughout the year. They are also offering several weekend classes this fall, including:

- Broom Straw Casting, Saturday, October 16, 1—5 p.m. Materials provided. Limit 5. Fee: \$128.00.
- Introduction to Enameling with Joan Bazzel (www.joanbazzel.com), Saturday and Sunday, November 13-14, 10 a.m.—5 p.m. Materials and tool kit provided. Limit 6. Fee: \$320.00.

TIPS & TOOLS

PREVENTING INJURY FROM REPETITIVE MOTION AT THE BENCH

Leah Kangas is an artist who has worked in media including metal and wool, and since 2001 she has been providing deep tissue massage and injury treatment to clients in the Seattle area. She offered these tips for injury prevention in the Seattle Metal Guild's July/August newsletter. Learn more about Leah's work at www.leahkangas.com.

We all know that metalworking can be taxing on our bodies, especially if our work requires repetitive motions or long-held positions... One common problem for metal workers is pain in the hands and arms. Most people are familiar with, and often stretch, both the extensors [by pressing the palms together, fingertips up, in front of the body] and flexors of the forearms [by gently pressing the back of the hand, fingertips down, toward the wrist]. These are great and focus specifically on stretching the muscles and tendons, which can become tight or shortened.

Much of what contributes to pain in the arms and hands has to do with fascia, connective tissue which not only supports our muscles and tendons but also our nerve and blood supply. In an ideal situation, as they pass through and between muscles, our nerves and blood vessels slide and glide through sheaths of fascia. However, due to injury or overuse in many people, this doesn't happen as freely as we would like.

But it often doesn't take much to make a big difference, and we all know a little prevention can go a long way. The following stretches are great for preventative care and are also used with much success in treatment of repetitive stress injuries... They look simple, but you will be impressed with their intensity and effectiveness. Start slowly, aim for incorporating them into your routine a few times per day, and monitor your improvement. Of course, these are not intended to replace diagnosis or treatment of any conditions you may be experiencing.

1. [Arms out at shoulder height], reach all the way through your fingertips, lengthening from your center line. You may feel this in your hands, arms, shoulders, or wherever your restrictions may be.
2. As you continue reaching through your fingertips, focus on keeping your fingers from curling as you lift them and reach through your palms. Be gentle, hold for a few seconds, and slowly release. Repeat.
3. Now [with arms still out at shoulder height] make a loose fist and reach through your knuckles, lengthening from your center line. Again, you may feel this in your hands, arms, shoulders, or wherever your restrictions may be.
4. As you continue reaching through your knuckles, lower your fist and rotate it as if pouring from a bottle. Again, be gentle, hold for a few seconds and slowly release.

Do you have a tip or a tool you'd like to share? Send it to monnda@embarqmail.com.

ROAD TRIP!

Gallery at Penn College, Williamsport, PA

From the gallery's website: "Renee Zettle-Sterling's work investigates how everyday objects can be sources of meaning beyond their physical properties. In particular, Zettle-Sterling is interested in how objects help us move through the difficult passage of mourning. Her meticulously crafted metal and found object forms become an outlet for displacement, emptiness, loss, and sentimentality."



Zettle-Sterling's "Objects of Mourning" will be exhibited in the Gallery at Penn College from November 11-December 14, 2010 (closed November 24-28). Meet the artist at a reception on November 11. For more details, visit <http://www.pct.edu/gallery/currentSchedule.asp>.

VISIT US ONLINE AT
WWW.NCSG.NET

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NCSG MEMBERSHIP *As a member, you are supporting metalsmithing in North Carolina.*

New member Renewing member Student member

Membership dues are **\$20 per individual** and due on January 1 of each year.

New members joining after July 1 pay half-year dues of \$10. Two members at the same mailing address pay \$35 total if paid at the same time. Student dues are \$15 with photocopy of valid student ID.

Name _____

Address _____

City _____ State _____ Zip _____

Daytime phone _____ Email/website _____

How did you hear about NCSG? _____

Would you prefer email delivery of newsletter? Please give us your email address: _____

We could use your help to keep NCSG going. Would you be willing to:

be a “go-fer” for one project a year? be a newsletter reporter for your city?

be on a committee for (circle choices) workshops/newsletter/membership/member show/special projects?